

DISCOVERING *NT* ODYSSEY

探索妮生活

EXPLORE THE IMPACT OF ANTIOXIDANTS TO HUMAN HEALTH
探索抗氧化劑對健康的影響力

SATURDAY
星期六

AUG 03 17
八月 2024
ENGLISH 英文 CHINESE 中文

1:30PM
|
2:30PM

LEARNING HIGHLIGHTS 講座大綱

- ◎ Identify the sources of harmful free radicals which can be detrimental to your health
瞭解有害自由基的形成以及對人體造成的傷害
- ◎ Unveil the power of antioxidants in reversing the signs of aging
揭露抗氧化劑對逆轉衰老跡象的作用
- ◎ Learn how to improve your internal antioxidants level
學習如何提升體內的抗氧化水平



BELLE TAN
陳秋婷



Elevate your seminar experience
and unlock a S\$50 voucher!*

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全程參與即可領取S\$50特惠券1張!*

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– SPEAKER'S PROFILE

講師簡介

- ◎ Internationally certified senior nutritionist
國際認證高級營養師
- ◎ Holds a Bachelor's Degree (Hons) in Nutrition from Australia and Malaysia
持有澳大利亞和馬來西亞營養學榮譽學位
- ◎ Has more than a decade of professional experience as a certified nutritionist, nutrition consultant, and nutrition trainer for MNCs
持有十多年擔任認證營養師、營養顧問以及跨國保健企業培訓師的專業經驗
- ◎ Passionate in the arena of anti-aging nutrition & beauty
熱衷於抗衰老以及營養保健領域

*If the distributor number pertains to a joint distributorship account, only one voucher will be provided.

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