

DISCOVERING *NT* ODYSSEY

探索妮生活

EXPLORE THE CHARMS OF SUPERIOR FATS
探索優質脂肪的魅力

SATURDAY
星期六

15 AUG 八月
2026

2:00PM
|
3:00PM

LEARNING HIGHLIGHTS 講座大綱

Conducted in Mandarin
華文講解

- **Debunk the misconceptions about fats and discover how they contribute to a healthier you**
解構脂肪迷思，開啟健康的生活
- **Discover the importance of essential fatty acids and unlock the key to holistic vitality**
探索健康必需脂肪酸，解鎖全方位健康與活力密碼
- **Dive deep into the unique qualities and health benefits of Fresh Salmon Oil**
深入了解【鮮·魚油】的特性與健康價值

SIGN UP NOW!
立即報名!

Elevate your seminar experience
and unlock a S\$50 voucher!*

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BELLE TAN
陳宣心

Speaker 講師



- **Internationally Certified Senior Nutritionist**
國際認證高級營養師
- **Holds a Bachelor's Degree (Hons) in Nutrition from Australia and Malaysia**
持有澳大利亞和馬來西亞營養學榮譽學位
- **Has more than 15 years of professional experience as a certified nutritionist, nutrition consultant, and nutrition trainer for MNCs**
持有超過15年擔任認證營養師、營養顧問以及跨國保健企業培訓師的專業經驗
- **Passionate in precision nutrition and cutting-edge anti-aging nutrition**
熱衷於精準營養以及高端的抗衰老營養

*Redeemable with a minimum purchase of S\$600 and is valid for use on the day of the seminar only. Limited quantity available.

*此商品特惠券需在同一天購物滿S\$600方可使用，僅限於講座當天有效。數量有限。

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